

The Communicator

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VAHPERD Convention News

**Plan to attend the
81st VAHPERD State Convention
November 9-11, 2018
The Founder's Inn
Virginia Beach, VA**



The Founder's Inn and Spa in Virginia Beach taken from (<http://www.foundersinn.com/>).
Site of the 2018 VAHPERD Convention

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Lesson Plans

- [SPARK](#) is dedicated to creating, implementing, and evaluating research-based programs that promote lifelong wellness.

SPARK strives to improve the health of children, adolescents, and adults by disseminating evidence-based [Physical Education](#), [After School](#), [Early Childhood](#), and [Safe & Healthy Students](#) programs to teachers and recreation leaders serving Pre-K through 12th grade students. [Click here free lesson plans.](#)

- [PE Central](#) is a web site that provides information about developmentally appropriate **physical education** practices and programs. [Click here for free lesson plans and bulletin board ideas.](#)

- [Open Online Physical Education Network](#) – Free K-12 Physical Education Lesson Plans and resources. OPEN is a backward designed curriculum project that targets SHAPE America's National Standards & Grade-Level Outcomes. [Click here](#) for more details.

- [eNASCO](#) – Free K-12 Physical and Health Education lesson plans and equipment resource. [Click here](#) for more details.

- [Learning To Give](#) – Grounded in academics and linked to real life, Learning to Give lessons and resources apply from kindergarten through high school. Our mission is to provide quality, inspirational, and field tested tools to help K-12 teachers educate, equip, and empower their students to be giving and caring citizens. [Click here](#) for more details.

Announcements

- **2018 Health & Physical Activity Institute at James Madison University**
July 9-July 11, 2018 - <https://www.jmu.edu/kinesiology/hpainstitute/>

The primary objective of the institute is to improve the quality of health and physical education instruction and provide support to implement the 2015 VDOE standards of learning for health and physical education which would enhance the wellness and educational performance of Virginia's students. *The Health and Physical Activity Institute* is supported by the Virginia Department of Education and the Virginia Association of Health, Physical Education, Recreation and Dance.

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- **Dance in Broad Perspectives! Annual Conference**

The National Dance Society (NDS) will hold its annual conference “**Dance in Broad Perspectives**” in Virginia Beach, June 21-June 24, 2018 at Edward E. Brickell Academy for Advanced Academics and the Arts at Old Donation School, 4633 Honeygrove Road, Virginia Beach, 23455. Thursday’s kick-off will feature a full day of technique classes for students. Other student sessions will be offered throughout the conference. Sessions are taught by dance professionals, teachers of the year, as well as community, studio, and university dance leaders. Another Thursday highlight is a ½ day session with Gayanne Grossman, a world-renowned dance scientist and author (Dance Science: Anatomy, Movement Analysis, and Conditioning). Another conference feature includes a session with Holly Hunt, director of the Centers for Disease Control and Prevention’s (CDC) School Health Branch. She will share thoughts about NDS’s and CDC’s collaborative roles to promote more dance in educational and after school programs. There will be sessions that specifically support both physical education and dance specialists teaching at all levels and with varying abilities.

For registration and further details, please go to our website: www.nationaldancesociety.org

You may also email Mary Ann Laverty, National Dance Society Past President or call the NDS office at: (540) 642-1041

I hope to see you there. Please pass on the information to anyone that might be interested.

- **New Funding for Title IV, Part A, ESSA Funding for FY18**

President Donald Trump signed into law spending legislation that provides a significant funding increase for the Department of Education, including more money for educator development, after-school programs, and special education, among other programs.

The funding for Title IV is a huge increase over its current funding of \$400 million.

If you have the opportunity to interact with your Representative and Senators Tim Kaine and Mark Warner, thank them for the increase in funding Title IV, Part A, of ESSA and state very briefly how those funds might be used to support safe and healthy school activities. Evidence supports a direct correlation between physical and mental health and learning essential for academic success, school completion, and the development of healthy, resilient and productive citizens. Health and physical education teachers are uniquely qualified to facilitate student learning in these areas.

\$ 1.1 Billion Dollars for Title IV, Part A, ESSA funding for FY18

For the complete article click [Here](#)

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• Now through July 30, 2019 VAHPERD members will receive a 15% discount off the initial price of **WELNET®** just for mentioning your active membership! Members can contact Julie Frank at julie@focusedfitness.org or call 619-804-4009 to take advantage of this discount.

WELNET® is designed to provide physical educators with a tool to gather student fitness data and communicate results. WELNET®'s modules offer a variety of tracking and assessment tools, including measuring the five components of fitness, checking students' understanding of fitness and health concepts, tracking students' health-related habits and behaviors, supporting student goal setting and producing reports in each module to analyze trends, improve instruction and achieve program goals and outcomes. WELNET® is available as a [Single School Solution](#) or a [District Solution](#).



• **New---Voting for President Elect and all Vice President Elects**

The Voting for President Elect and all Vice President Elects will be electronic voting open to all professional members of VAHPERD - Look for details and candidates on the [website](#) when it's election season.

Awards

Congratulations to the 2017 VAHPERD Award Winners!

Cheryl Bowen - Adapted Teacher of the Year

Tammy Hanna - Dance Educator of the Year

Jack O'Donnell - Elementary Teacher of the Year

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Amy Wheeler - High School Teacher of the Year

Nancy Tucker - Jump Rope Coordinator of the Year

Rachel Mead - Outstanding Coach

Craig Foster - Recreational Professional of the Year

Benita Turner - Supervisor of the Year

Fred Milbert - Honor Award

Rachel Dixon - *Radford University* - Frances A Mays Outstanding Student

Lian Connor - *Shenandoah University* - Graduate Scholarship Award

Ayannah Bowman-Williams - *Virginia State University* - Outstanding Women's Athlete

The 2017 SHAPE America Southern District Award Winner!

- **Amy Wheeler** (Harrisonburg High School)

Congratulations to the 2017 VAPERD Grant Winners:

- **Kenneth Magee** (Virginia Beach)
- **Tracey McDorman** (Chesterfield County)
- **Carole Lee** (Dinwiddie County)



*American Alliance for
Health, Physical Education,
Recreation and Dance*

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Grants

- The USAPA High School Grant Program assists high school PE teachers, working with a USAPA member, to acquire start-up pickleball equipment for regular physical education classes and after school programs. The maximum grant amount is up to \$350. To apply, go www.usapa.org. Click on the "Training and Court Info" tab and scroll down to High School Grant. There you will find an article that explains the program guidelines. At the end of the article, click on *Click Here to Apply*. Complete and submit the application form. The Committee will review the application and notify the applicant within a reasonable period of time regarding the disposition of the application.

Middle and elementary school PE teachers may apply for a Community Grant which provides up to \$250 in reimbursable pickleball equipment.

For additional information about pickleball, click on [Ambassador Search](#) to find a local USAPA Ambassador.

- [SHAPE America Grants Database](#)

Deadline for Apply: **Deadlines Vary**

Find available funding for upcoming professional development opportunities.

- Athletics and Wellness Support Grants

Deadline for Applications: **Rolling Quarterly Reviews**

Finish Line, an athletic retailer specializing in brand name footwear, apparel and accessories, supports athletic and wellness programs located in communities where their stores are located. The foundation funds projects registered as 501 (c) (3) organizations; have a primary focus on assisting children and young adults 18 and under; concentrate on athletics or wellness; and benefit communities in which Finish Line stores are located. For details go to [Grants and Guidelines](#).

- Baseball Tomorrow Fund Offers Support for Youth Baseball and Softball Programs

Deadline for Letters of Inquiry: **Open**

The Baseball Tomorrow Fund is a joint initiative between Major League Baseball and the Major League Baseball Players Association designed to promote and enhance the growth of youth participation in baseball and softball. Grants are intended to finance a new program, expand or improve an existing program, undertake a new collaborative effort, or obtain facilities or equipment necessary for youth baseball or softball programs.

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Projects must meet the following criteria: increase the number of youth participating in baseball and softball programs; improve the quality of youth baseball and softball programs; create new or innovative ways of expanding and improving baseball or softball programs; are able to match funds for programs; provide programs for children between the ages of 10 and 16; support existing programs that have demonstrated success in providing a quality youth baseball/softball experience; and address opportunities for minorities and women. Nonprofit and tax-exempt organizations involved in youth baseball programs are encouraged to submit a Letter of Inquiry. Selected applicants are then invited to submit a full application. Grants are awarded on a quarterly basis. For details go to <http://baseballtomorrowfund.com>

- [The SPARK Grant-Finder Tool](http://www.sparkpe.org/grants/grantfunding-resources/) helps you locate funding for your Physical Education, After School, Early Childhood, Classroom Activity, or Coordinated School Health program. Grants can be used for curriculum, teacher training, or equipment. - See more at: <http://www.sparkpe.org/grants/grantfunding-resources/>
- [Achievepe.org](http://achievepe.org) - The Adolph Coors Foundation provides financial assistance in the areas of health, education, youth, community and human services. They assist charitable nonprofit organizations and encourage those that sponsor after-school programs offering leadership opportunities, character building, mentoring, or tutoring to apply. [Click here for details.](#)

If you need additional information contact the grants committee members:

Kari Hampton	Chair	hamptonvahperd@gmail.com
Amanda Campbell	Member	acampbel@bridgewater.edu
Kelly Clark	Member	vtkelly03@yahoo.com

- VAHPERD Grant Information - User Name and Password required <http://www.vahperd.org/Login.aspx>



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News

- **SHAPE America – 50 Million Strong by 2029**

Approximately 50 million students are currently enrolled in America's elementary and secondary schools (grades pre-K to 12). SHAPE America wants to ensure that by the time today's youngest students graduate from high school in 2029, all of America's young people are empowered to lead healthy and active lives through effective health and physical education programs. [Read more here!](#)

- **SHAPE America – Health. Moves. Minds**

The vision of SHAPE America is "Healthy People – Physically Educated and Physically Active!" Headquartered in Reston, VA, 25 miles west of Washington, DC, SHAPE America is the largest organization of professionals involved in physical education, physical activity, dance, school health and sport--all specialties related to achieving an active, healthy lifestyle. Its mission is to advance professional practice and promote research related to health and physical education, physical activity, dance and sport by providing its members with a comprehensive and coordinated array of resources, support and programs to help practitioners improve their skills to further the health and well-being of the American public. [Learn more](#) about our history.

- Something big is happening at VAHPERD! Find out by keeping up to date with us by adding us as one of your friends on Facebook (<https://www.facebook.com/VAHPERD>) or follow us on Twitter (<http://twitter.com/VAHPERD>)!

- The VAHPERD website has had **major revisions**. Please take a few minutes to look at the newly posted grant opportunities, archives of The Virginia Journal and The Communicator, on-line nomination and voting for Board Position, Teachers of the Year and Convention presentation proposals. We are constantly posting new information and trying to improve the site. Go to www.vahperd.org for details.

- Achieves of The Virginia Journal (TVJ) and The Communicator – User Name and Password required <http://www.vahperd.org/Login.aspx>

- The success of The Virginia Journal (TVJ) and The Communicator only go as far as the members and our submissions. I ask that you continue to submit the quality work you have in the past. Let the state, region and nation know the outstanding work we are doing in VAHPERD. So this is my continued call for manuscripts for the upcoming issues of TVJ and news information and lesson plans for The Communicator. The TVJ and Communicator depend on the submissions from our exceptional professionals working in the field. So

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please continue to e-mail your manuscripts and news by the January 15th and July 15th deadlines respectively for each issue as a Word attachment for the two publications. Email the editor, Michael Moore, PhD, ATC; mbmoore@radford.edu; (e-mail is the easy way to contact the editor) 540-831-6218.



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Officers & Directors 2017-2018 VAHPERD Board

First Name	Last Name	Participation Type	Division	Preferred Email
Susan	Nye	Past President	Executive Committee	nyevahperd@gmail.com
Pat	Larsen	President	Executive Committee	pflarsen@fcps.edu
Kari	Hampton	President Elect	Executive Committee	hamptonvahperd@gmail.com
Henry	Castelvecchi	Executive Director	Executive Committee	info@vahperd.org
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Jason	Runk	VP Elect	Dance	jbrunk@henrico.k12.va.us
Andrew	Wymer	Past VP	General	awymer@k12albemarle.org
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Mackenzie	Pigg	Student Sect. Chair alt	General	Mackenzie.pigg@live.longwood.edu
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TBA		Exhibits Manager		
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Tarin	Hampton	Chair Elect	College/University Dance Education	tthampton@nsu.edu
		Past Chair	Dance Education K-12	
Barbara	Maclam	Chair	Dance Education K-12	maclam4@comcast.net
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Katie	Sheehan Smith	Past Chair	Dance Performance	ksheehansmith@ycsd.york.va.us
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Alice	Ashley	Chair	City/County Supervisors	Alice.Ashley@VBSchools.com
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		Chair	Exercise Science	
		Chair Elect	Exercise Science	
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		Chair Elect	Sport Management	
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Richard	Linyear, Jr	Chair Elect	Community and Worksite Health	richard.linyear@nn.k12.va.us
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		Chair	Secondary Physical Education	
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Finance		Member	-
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Grant		Member	-
Grant		Member	-
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Membership PE VP	Mark Arrington	Vice President Physical Education	marrington@madisonschools.k12.va.us
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