



VIRGINIA ASSOCIATION OF

VAHPERD

HEALTH • PHYSICAL EDUCATION • RECREATION • DANCE

The Communicator

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VAHPERD Convention News

**Plan to attend the
79th VAHPERD State Convention
November 10-12, 2017
The Hotel Roanoke
Roanoke, VA**



The Hotel Roanoke
taken from (<http://www.hotelroanoke.com/>)
Site of the 2017 VAHPERD Convention

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Lesson Plans

- [Open Online Physical Education Network](#) – Free K-12 Physical Education Lesson Plans and resources. OPEN is a backward designed curriculum project that targets SHAPE America's National Standards & Grade-Level Outcomes. [Click here](#) for more details.
- [eNASCO](#) – Free K-12 Physical and Health Education lesson plans and equipment resource. [Click here](#) for more details.
- [Learning To Give](#) – Grounded in academics and linked to real life, Learning to Give lessons and resources apply from kindergarten through high school. Our mission is to provide quality, inspirational, and field tested tools to help K-12 teachers educate, equip, and empower their students to be giving and caring citizens. [Click here](#) for more details.

Announcements

- **2017 Health & Physical Activity Institute at James Madison University**
July 10-July 12, 2017 - <https://www.jmu.edu/kinesiology/hpainstitute/>

The primary objective of the institute is to improve the quality of health and physical education instruction and provide support to implement the 2015 VDOE standards of learning for health and physical education which would enhance the wellness and educational performance of Virginia's students. *The Health and Physical Activity Institute* is supported by the Virginia Department of Education and the Virginia Association of Health, Physical Education, Recreation and Dance.

- **New---Voting for President Elect and all Vice President Elects**

The Voting for President Elect and all Vice President Elects will be electronic voting open to all members of VAHPERD - Look for details and candidates on the [website](#) when it is election season.

- **CPR is now a requirement of graduation!!**

18 States, including Virginia, North Carolina, and Maryland here in the Mid-Atlantic, have now adopted cardiopulmonary resuscitation (CPR) as a High School graduation requirement. In these states, Hands-Only CPR instruction will require students to learn the lifesaving skill using a hands-on lesson without requiring certification. [CLICK HERE](#) for more details.

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- **CALLING ON VAHPERD MEMBERS!**

The association needs your help in filling vacant committee positions.

It is part of my responsibility as President elect to encourage members to become an active part in VAHPERD. I am soliciting your help in filling the following positions.

Below are the Committees and operating codes links for the committees for you to review.

Membership Committee: 1 position ([Region 3](#))

http://www.vahperd.org/resource/resmgr/docs/7.50_OC_Membership_Committee.doc

Nominating Committee: 1 position

http://www.vahperd.org/resource/resmgr/docs/7.70_OC_Nominating_Committee.doc

Strategic Planning Committee: 2 positions

http://www.vahperd.org/resource/resmgr/docs/7.80_OC_Strategic_Planning_C.doc

Structure and Function Committee: 1 position

http://www.vahperd.org/resource/resmgr/docs/7.90_OC_Structure_and_Functi.doc

If you have a person in mind that you know would be interested in filling a position as a committee member, please email me the individual's name, the position they are interested in and their contact information. First name, Last name, position of interest, and their email address.

I thank all of you in advance for your input. In working together, we continue to strengthen VAHPERD.

Sincerely,
Pat Larsen, President Elect

- **Dance in Broad Perspectives! Annual Conference**

We are appreciative that the conference hotels have extended the half-price room rates for the National Dance Society (NDS) Annual Conference (*Dance in Broad Perspectives*) until July 5, 2017. Check it out at -- <http://nationaldancesociety.org/travel-information.html>.

Take advantage of the opportunity to help you, your students, and colleagues learn ways the power of dance can create better lives, schools, communities, states, and a nation. ***Come learn from master teachers of the year (in dance and physical education), guest artists, education leaders, and health specialists.*** Follow this link to see the tentative

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program sessions, guest speakers, and presenters –
<http://nationaldancesociety.org/sessions--speakers.html>

Questions? Contact the NDS office
at info@nationaldancesociety.org; fameyerdance@aol.com, or 540-642-1041.

Awards

Congratulations to the 2016-2017 VAHPERD Award Winners!

- **James Gunther** - 2016 VAHPERD Adapted Physical Education Teacher of the Year PK-12 Award
- **Amanda Kinzer** - 2016 VAHPERD College/University Dance Educator of the Year Award
- **Donna Canary** - 2016 VAHPERD College/University Physical Educator of the Year Award
- **BJ Santos** - 2016 VAHPERD Dance Educator K-12 of the Year Award - Also SHAPE America Southern District Award Winner
- **Jason Runk** - 2016 VAHPERD Elementary Physical Education Teacher of the Year K-5 Award
- **Andrea Samsky** - 2016 VAHPERD Health Education Professional of the Year K-12 Award - Also SHAPE America Southern District Award Winner
- **Regina Kirk** - 2016 VAHPERD Honor Award
- **Jay Levesque** - 2016 VAHPERD Jump Rope for Heart Coordinator of the Year Award
- **Katherine Marshall** - 2016 VAHPERD Middle School Physical Education Teacher of the Year 6-8 Award
- **Vicki Miller** - 2016 VAHPERD Pioneer Award
- **Brenda Fuller** - 2016 VAHPERD Supervisor of the Year Award

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The 2016 SHAPE America Southern District Award Winners!

- **Scott Williams** – K-12 Dance Educator of the Year
- **Ron Trainum** – Middle School Physical Education Teacher of the Year
- **Kristin Brittle**, Southeast Dairy – W. Clyde Partin Service Award

Congratulations to the 2016 VAPERD Grant Winners:

- **Janet Kennedy** (Sedgefield Elementary)
- **Krista Crites** (Middletown Elementary)
- **Scott Williams** (Meriwether Lewis Elementary)
- **Jamie Beeler** (Yancey Elementary)
- **Brian McPherson** (Pinebrook School)
- **Katherine Blair** (Stony Mill Elementary)
- **Eric Martin** (Stewartsville Elementary)
- **Courtney Dziagwa** (Chesterfield Academy)



*American Alliance for
Health, Physical Education,
Recreation and Dance*

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Grants

- [SHAPE America Grants Database](#)

Deadline for Apply: **Deadlines Vary**

Find available funding for upcoming professional development opportunities, including the [SHAPE America National Convention & Expo](#).

- [Athletics and Wellness Support Grants](#)

Deadline for Applications: **Rolling Quarterly Reviews**

Finish Line, an athletic retailer specializing in brand name footwear, apparel and accessories, supports athletic and wellness programs located in communities where their stores are located. The foundation funds projects registered as 501 (c) (3) organizations; have a primary focus on assisting children and young adults 18 and under; concentrate on athletics or wellness; and benefit communities in which Finish Line stores are located. For details go to [Grants and Guidelines](#).

- [Baseball Tomorrow Fund Offers Support for Youth Baseball and Softball Programs](#)

Deadline for Letters of Inquiry: **Open**

The Baseball Tomorrow Fund is a joint initiative between Major League Baseball and the Major League Baseball Players Association designed to promote and enhance the growth of youth participation in baseball and softball. Grants are intended to finance a new program, expand or improve an existing program, undertake a new collaborative effort, or obtain facilities or equipment necessary for youth baseball or softball programs.

Projects must meet the following criteria: increase the number of youth participating in baseball and softball programs; improve the quality of youth baseball and softball programs; create new or innovative ways of expanding and improving baseball or softball programs; are able to match funds for programs; provide programs for children between the ages of 10 and 16; support existing programs that have demonstrated success in providing a quality youth baseball/softball experience; and address opportunities for minorities and women. Nonprofit and tax-exempt organizations involved in youth baseball programs are encouraged to submit a Letter of Inquiry. Selected applicants are then invited to submit a full application. Grants are awarded on a quarterly basis. For details go to <http://baseballtomorrowfund.com>

- The SPARK Grant-Finder Tool helps you locate funding for your Physical Education, After School, Early Childhood, Classroom Activity, or Coordinated School Health program. Grants can be used for curriculum, teacher training, or equipment. - See more at: <http://www.sparkpe.org/grants/grantfunding-resources/>

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If you need additional information contact the grants committee members:

Kari Hampton	Chair	nadeau.ke@gmail.com
Amanda Campbell	Member	acampbel@bridgewater.edu
Kelly Clark	Member	vtkelly03@yahoo.com
Meridith Morton	Member	mmorton@hcps.us
Terry Gooding	Member	terry.gooding1@cox.net



**Let's Active
 Move Schools**

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News

- **SHAPE America – 50 Million Strong by 2029**

Approximately 50 million students are currently enrolled in America's elementary and secondary schools (grades pre-K to 12). SHAPE America wants to ensure that by the time today's youngest students graduate from high school in 2029, all of America's young people are empowered to lead healthy and active lives through effective health and physical education programs. [Read more here!](#)

- **SHAPE America – Health. Moves. Minds**

The vision of SHAPE America is "Healthy People – Physically Educated and Physically Active!" Headquartered in Reston, VA, 25 miles west of Washington, DC, SHAPE America is the largest organization of professionals involved in physical education, physical activity, dance, school health and sport--all specialties related to achieving an active, healthy lifestyle. Its mission is to advance professional practice and promote research related to health and physical education, physical activity, dance and sport by providing its members with a comprehensive and coordinated array of resources, support and programs to help practitioners improve their skills to further the health and well-being of the American public. [Learn more](#) about our history.

- Something big is happening at VAHPERD! Find out by keeping up to date with us by adding us as one of your friends on Facebook (<https://www.facebook.com/VAHPERD>) or follow us on Twitter (<http://twitter.com/VAHPERD>)!

- The VAHPERD website has had ***major revisions***. Please take a few minutes to look at the newly posted grant opportunities, archives of The Virginia Journal and The Communicator, on-line nomination and voting for Board Position, Teachers of the Year and Convention presentation proposals. We are constantly posting new information and trying to improve the site. Go to www.vahperd.org for details.

- New Grant Information - User Name and Password required
<http://www.vahperd.org/Login.aspx>

- Achieves of The Virginia Journal and The Communicator – User Name and Password required <http://www.vahperd.org/Login.aspx>

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• The success of TVJ and the Communicator only go as far as the members and our submissions. I ask that you continue to submit the quality work you have in the past. Let the state, region and nation know the outstanding work we are doing in VAHPERD. So this is my continued call for manuscripts for the upcoming issues of TVJ and news information for the Communicator. The TVJ and Communicator depend on the submissions from our exceptional professionals working in the field. So please continue to e-mail me your manuscripts and news by the January 15th and July 15th deadlines respectively for each issue as a Word attachment for the two publications.

Michael Moore, PhD, ATC; mbmoore@radford.edu; (e-mail is the easy way to contact the editor) 540-831-6218.



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Officers & Directors 2016-2017 VAHPERD Board

First Name	Last Name	Participation Type	Preferred Email
Susan	Nye	President	nyevahperd@gmail.com
Pat	Larsen	President Elect	pflarsen@fcps.edu
Chad	Triolet	Past President	ctriolet@gmail.com
Henry	Castelvecchi	Executive Director	info@vahperd.org
Liz	Payne	Parliamentarian	etpayne@fcps.edu
Tarin	Hampton	Past VP Dance	tthampton@nsu.edu
Toni	Brown-Berry	VP Dance	Toni.BrownBerry@lcps.org
Sheila	Ward	VP Elect Dance	sward@NSU.edu
Vonnie	Colvin	Past VP General	colvinay@longwood.edu
Andrew	Wymer	VP General	awymer@k12albemarle.org
Steve	Knott	VP Elect General	sknott@odu.edu
Julie	Maina	Past VP Health	jmaina@roanoke.edu
Leslie	Meadows	VP Health	leslie_meadows@ccpsnet.net
Erika	Dunville	VP Elect Health	erikal_dunville@ccpsnet.net
Christina	Luntzer	Past VP Physical Education	christina.luntzer@wjccschools.org
Meredith	Morton	VP Physical Education	MMorton@hanover.k12.va.us
Mark	Arrington	VP Elect Physical Education	marrington@greencountyschools.com
Michael	Maina	Past VP Recreation, Sport, and Fitness	maina@roanoke.edu
Nancy	Currence	VP Recreation, Sport, and Fitness	ncurrence@hampton.k12.va.us

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Ann	McCoy	JRFH Coordinator	hperulzs@cox.net
Misti	Wajciechowski	OHPEP Coordinator	mrwajciechow@vcu.edu
Vanessa	Wigand	DOE Liaison	vanessa.wigand@doe.virginia.gov
Ellen	Eisman	Convention Manager	elleneisman328@gmail.com
Cary	Henderson	Exhibits Manager	cnbannon@gmail.com
Michael	Moore	Website Coordinator	mbmoore@radford.edu
Michael	Moore	Newsletter Editor	mbmoore@radford.edu
Michael	Moore	Journal Editor	mbmoore@radford.edu

Division Leaders 2016-2017

First Name	Last Name	Participation Type	Preferred Email
Beverly	Duane	Dance Chair College/University Dance Education	beverly.duane@hamptonu.edu
Barry	Parker	Dance Chair Elect College/University Dance Education	bparker2@su.edu
Sandy	Bowie	Dance Past Chair College/University Dance Education	sandy@sandrabowie.com
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First Name	Last Name	Participation Type	Preferred Email
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Katie	Sheehan Smith	Dance Chair Dance Performance	ksheehansmith@ycsd.york.va.us
Stevie	Gray	Dance Chair Elect Dance Performance	stevie.gray@apsva.us
Mary Ann	Laverty	Dance Past Chair Dance Performance	maryann.laverty@nn.k12.va.us
Sharon	Moore	General Chair City/County Supervisors	
Alice	Ashley	General Chair Elect City/County Supervisors	Alice.Ashley@VBSchools.com
John	Trott	General Past Chair City/County Supervisors	jtrott@hcps.us
Brenda	Fuller	General Chair College/University Chair	brenda.fuller@vbschools.com
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Patricia	Hood	General Chair Exercise Science	patricia.hood@nn.k12.va.us
		General Chair Elect Exercise Science	
		General Past Chair Exercise Science	
		General Chair Research	

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First Name	Last Name	Participation Type	Preferred Email
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		General Past Chair Research	
Jermaine	Walker	General Chair Sport Management	jermaine.walker@lcps.org
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Jamie	Wright	General Past Chair Sport Management	jamie.wright@frco.k12.va.us
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Cody	Sanders	Physical Education Chair Elect College and University Physical Education	cdt5w@uvawise.edu
Anna	Devito	Physical Education Past Chair College and University Physical Education	adevito@radford.edu
Andrea	Samsky	Physical Education Chair Elementary Physical Education	asamsky@hampton.k12.va.us
Maria	McKeown	Physical Education Chair Elect Elementary Physical Education	mmckeown@rcs.k12.va.us
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Juile	Roberts- Melvin	Physical Education Chair Middle School Physical Education	robertjx@pwcs.edu

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Richard	Linyear, Jr	Physical Education Chair Elect Secondary Physical Education	richard.linyear@nn.12.va.us
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Brian	McPherson	Recreation, Sport and Fitness Chair Leisure Activities	brian.mcpherson@lcps.org
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First Name	Last Name	Participation Type	Preferred Email
Cheryl	Shockley	Recreation, Sport and Fitness Past Chair Outdoor Recreation	cdshockley@bcps.k12.va.us
Megan	McLaughlin	Recreation, Sport and Fitness Chair Recreational Sports	mclaughlinm@colonialheightsva.gov
		Recreation, Sport and Fitness Chair Elect Recreational Sports	
Brandon	Flowers	Recreation, Sport and Fitness Past Chair Recreational Sports	brandon_flowers@ccpsnet.net

Committee Leaders 2016-2017

Committee	Name	Participation Type	Email Address
Awards	BJ Santos	Member Chair	-
Awards	Anne McCoy	Member	
Awards	Pat Thompson	Member	pthompson@hampton.k12.va.us
Awards	Misti Wajciechowski	Member	
Awards	Tom Warren	Member	Thomas.Warren@vbschools.com
Finance	Regina Kirk	Chair	
Finance	Castelvecchi, Henry	Ex Officio Member	info@vahperd.org

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Committee	Name	Participation Type	Email Address
Finance	Nancy Markos	Member	nmarkos@k12albemarle.org
Finance	Duke Conrad	Member	dukoach@aol.com
Grant	Kari Hampton	Chair	nadeau.ke@gmail.com
Grant	Amanda Campbell	Member	acampbel@bridgewater.edu
Grant	Kelly Clark	Member	vtkelly03@yahoo.com
Grant	Meridith Morton	Member	mmorton@hcps.us
Grant	Terry Gooding	Member	terry.gooding1@cox.net
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Legislative Affairs	Castelvecchi, Henry	Ex Officio Member	info@vahperd.org
Legislative Affairs	Dee Castelvecchi	Member	
Legislative Affairs	Sandy Brownscombe	Member	
Legislative Affairs	Adam Otstot	Member	Adam.Otstot@wjccschools.org
Legislative Affairs	Dani Almarode	Member	dta4x@virginia.edu
Legislative Affairs	Marjorie Lathers	Member	mglathers@yahoo.com
Legislative Affairs	Susan Nye	President	
Membership Dance VP	Toni Brown-Berry	VP Dance	-
Membership General VP	Andrew Wymer	VP General	-
Membership Health VP	Leslie Meadows	VP Health	

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Committee	Name	Participation Type	Email Address
Membership PE VP	Meridith Morton	VP Physical Education	
Membership Rec VP	Nancy Currence	VP Recreation, Sport and Fitness	-
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Membership Region 2 Rep	Jennifer Mulrine	Member	jennifer.mulrine@nn.k12.va.us
Membership Region 3 Rep	Marjorie Lathers	Member	
Membership Region 4 Rep	Sara Haney	Member	shaney@ocss-va.org
Membership Region 5 Rep	Kimberly Gentry	Member	gentrykmf@gmail.com
Membership Region 6 Rep	Jamie Wright	Member	
Membership Region 7 Rep	Betty Holcomb	Member	bholcomb@rcps.org
Membership Region 8 Rep	William Thompson	Member	
Necrology	Rose Houk	Chair	
Necrology	Mark Croson	Member	Crosonm@frederick.k12.va.us
Necrology	Janet Kennedy	Member	
Nominating	Brian McPherson	Chair	Brian.McPherson@lcps.org
Nominating	Kay Clawson	Member	
Nominating	Andrea Smasky	Member	asamsky@hampton.k12.va.us
Nominating	Christina Luntzer	Member	christina.luntzer@wjccschools.org
Nominating		Member	

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Committee	Name	Participation Type	Email Address
Site Selection	Regina Kirk	Chair Past Past Past President	kirkvahperd@gmail.com
Site Selection	Ellen Eisman	Convention Manager	elleneisman328@gmail.com
Site Selection	Castelvechi, Henry	ED - Ex Officio Member	info@vahperd.org
Site Selection	Fred Milbert	Past Past President	milbertvahperd@gmail.com
Site Selection	Chad Triolet	Past President	
Strategic Planning	Castelvechi, Henry	Ex Officio Member	info@vahperd.org
Strategic Planning	Jack O'Donnell	Member	
Strategic Planning	Anne McCoy	Member	
Strategic Planning	Kari Hampton	Member	
Strategic Planning	Jason Tressider	Member	Tresiddj@frederick.k12.va.us
Strategic Planning	Lenora Armstrong	Member	larmstrong@nsu.edu
Strategic Planning	Amy Wheeler	Member	
Strategic Planning	Pat Larsen	Chair - President Elect	
Structure and Function	Dennis Lumpkin	Chair	
Structure and Function	Molly Gift	Member	mollyannegift@gmail.com

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Committee	Name	Participation Type	Email Address
Structure and Function	Tom Nadeau	Member	trnadeau@henrico.k12.va.us
Structure and Function	Carol Pierce	Member	lynnpe@aol.com
Structure and Function	Jeannie Trainum	Member	jeannietrainum@cox.net

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 79th VAHPERD State Convention
 November 10-12, 2017
 The Hotel Roanoke
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