



Updated 8.2026

OUTSTANDING MAJOR AWARD

CRITERIA

- A. Each College and University may identify one student in each of the following areas to receive an award.
 - 1. Health Education
 - 2. Physical Education
 - 3. Dance Education
 - 4. Recreation
 - 5. Exercise Science
 - 6. Sports Management
 - 7. Other Concentration/Program
- B. The recipient shall be a student at a Virginia college/university offering a degree in health, physical education, recreation, or dance.
- C. The recipient must have shown outstanding personal qualities, high ideals, good scholarship, and professional ethics.
- D. The recipient shall be a member of Virginia AHPERD at the time of receiving the award.

RULES FOR NOMINATION

- A. Any college/university student offering a degree in health, physical education, recreation and/or dance may select recipients by sending a completed nomination form to the Chair of the Awards Committee (a maximum of one recipient for each category).
- B. The recipient may be any student who meets the criteria. Awards are not competitive between institutions.
- C. A student may receive the award more than once.
- D. Students may also be nominated for the Frances Mays Scholarship if they meet the criteria. If a student does not receive the FMSA, the Outstanding Major is automatically awarded in the appropriate concentration/program.

APPLICATION

- A. Application forms shall be sent to university representatives throughout the state by September 1.
- B. Application forms shall be completed and returned to the chair of the awards committee by October 1.
- C. Candidates will be informed of the results by October 15.