



Updated 8.2026

FRANCES A. MAYS SCHOLARSHIP AWARD

CRITERIA

- A. The award is presented each year to an undergraduate student who emulates the personal qualities, high ideals, and professional ethics for which Frances A. Mays was known, admired, respected and loved.
- B. The award shall be given each year to a senior student majoring in health, physical education, recreation, and dance.
- C. The recipient shall have been a student for three years at a Virginia college/university offering a degree in health, physical education, and dance, and shall have made plans to complete the degree at that college/university.
- D. The recipient must have shown outstanding personal qualities, high ideals, good scholarship, and professional ethics.
- E. The recipient shall be a member of Virginia AHPERD and SHAPE or the National Academy of Health & Physical Literacy (NAHPL).

RULES FOR NOMINATION

- A. Any college/university student offering a degree in health, physical education, recreation and/or dance may submit candidates by sending a completed nomination form to the Chair of the Awards Committee.
- B. The recipient shall be selected from those nominees submitted from each college or university.
- C. The Awards Committee of Virginia AHPERD shall select the recipient.
- D. In selecting the recipient, the Chair of the Awards Committee will follow the established guidelines contained in the Operating Code for the Awards Committee.

APPLICATION

- A. Application forms shall be sent to university representatives throughout the state by September 1.
- B. Application forms shall be completed with appropriate supporting materials including one letter of reference and returned to the chair of the awards committee by October 1.
- C. Candidates will be informed of the results by October 15.