



Updated 8.2026

OUTSTANDING WOMAN STUDENT ATHLETE-INDIVIDUAL SPORT

CRITERIA

- A. The award is presented each year to a college or university woman student athlete in an individual sport, i.e., a sport which is composed of two (2) or fewer players, such as tennis, golf, etc.
- B. The recipient must be a college or university senior HPERD major and a Virginia AHPERD member for at least one year prior to the award.
- C. The recipient should have an interest in a career in athletics or HPERD and have shown leadership, character and academic excellence.

RULES FOR NOMINATION

- A. Any college or university professional or member of Virginia AHPERD may nominate a woman student athlete by sending the completed nomination form to the Chair of the Awards Committee.
- B. The Awards Committee of Virginia AHPERD shall select the recipient.

APPLICATION

- A. Nomination forms shall be sent to university representatives throughout the state by September 1
- B. Nomination forms shall be completed and returned to the chair of the awards committee by October 1.
- C. Candidates will be informed of the results by October 15.