

Agenda

FRIDAY

- Pre-conference:
 - 8am to 10:50am - Tennis in PE, USTA
 - 9am to 11:30am - City/County Supervisors Meeting
- 11:30am to 12:50pm - Opening session with Kim Morton
- 1pm to 1:50pm
 - Connecting Health and Physical Activity for Elementary Wellness, Quaver Ed
 - Fun w/ PVC - A How to Guide, Mages and White
 - Action! Team Games to Boost Engagement, DeWindt
 - Relationships Matter, Grassano
 - Dance Made Easy: Practical Dance Strategies and Games for PE Teachers, Sorto
 - Beyond Managing Behavior, Regan
 - Strategies to Support Multilingual Student Learners in Health & PE, Kruk
 - Sharing is Caring, Field Day Ideas, Hudnall
 - Academics on the Move: Movement Strategies for Every subject, Walker & Gray
 - Fun as a Vehicle For Connecting and Learning in Health, Norden & GMU students
 - Leisure Activities 2023, Williams Roots
 - The VB QPE Tour: Depart from Founders Inn, Dunn
- 2pm to 2:50pm
 - Implementing Unified PE, Jennings
 - Maximizing Movement: Strive for 5, Waker & Gray
 - Interviewing 101: Preparing to Interview for Health and PE positions, Reynolds
 - Health on the Go, Morton
 - African Diaspora Dance to the Rescue II: Findings from VA Hospital & Military Culture Integration Experiences, Ward
 - Castle Sports Session
 - Reignite your Health Curriculum w/ Movement-Based Lesson Activities, Matheney
 - Kingdoms Lawn Game, Runk
- 3pm to 3:50pm
 - Elevate your Fitness: Embracing Fun and Innovation, Guimond
 - Strategies to Create an Inclusive Environment in PE, Hartl
 - STEAM in Sports, Brandenburger
 - Por Que Parkour, Kenyon & Tourock
 - Step Up Your Dance, Spadaro
 - Why You Need a Human Trafficking Curriculum, Diggs
 - Student SuperStars until 5pm!
 - Phi Epsilon Kappa Round Table, Gaines
 - Mindfulness for Wellness Educators, Turnage
 - Which Part of this IEP Has to Do With Me?, White

- Collaboration is Key, Williams Roots
- 4pm to 4:50pm
 - Adapted PE Forum: Growing an APE Program, Pisciotta & Jones
 - Half-time PD: How to Plan a PD Mini-Conference for Your Division, Conger & Dunn
 - Rev Your Bev Session
 - Skill-Based Depression Education in Suicide Prevention, O'Hara
 - Health Keynote: Unmasking Connections, Friedrich
 - Adult Martial Arts....Better Health, Focus & Concentration, Cielo & Mages
 - Games for Every Occasion: Versatile Strategies for Health & PE Educators, Splendore
 - Let's Get Cosmic, Noel & Mallon
- 7pm to 10pm
 - Casino Night

SATURDAY

- 8am to 8:50am
 - General Session, Morton
- 9am to 9:50am
 - Just Adapt It: Tips and Resources for APE, Barker
 - No Equipment, No Problem Supersized, Kanary, Kimble & Raines
 - Cleveland Rocks: Top Take-a-ways from Shape Cleveland, Noel
 - World's Newest Sports & Leisure Game, Bos
 - Drumming Drive: Energize Your Class, Spadaro
 - Speed Stacks, Runk
 - Cardiovascular Google Escape Room, Higham
 - Maximizing Student Engagement During 90-minute Block Health, Otstot (90-min session)
 - Virginia's Adapted Physical Education Consortium, Forbes
 - Great Googly Moogly, Hudnall
- 10am to 10:50am
 - Virginia AHPERD Committee Meetings (open to all)
 - The Healthy Athlete, Gaines
 - Parkour: Is a Place for Yes!, Williams Roots
 - Tennis in PE & the Equipment Needed, USTA
 - Engaging PE Teachers, Holden
 - Dance Made Easy: Practical Dance Strategies & Games for PE Teachers, Sorto
 - Why you Need a Human Trafficking Curriculum, Diggs
 - Why we All Need an Adapted PE Bucket, Hunter
 - ~~○ Strategies to Support Multilingual Student Learners in Health & PE, Kruk~~
- 11am to 11:50am
 - Division Meetings: Dance, Health, General, Recreation Sport & Leisure, and Physical Education

- 12pm to 12:50pm
 - Lunch Grab & GO
 - Poster Session (12pm to 2pm)
- 1pm to 1:50pm
 - Learning to be Lifesavers: AHA Wellness Workshop, Olsen
 - Kubb, Baker
 - Sports & Culture, Holden
 - APK School Parkour Curriculum, Toorock & Graves
 - Disc It session
 - Creating Community w/ Families, Doyle & Forbes
 - Disc Golf Fundamentals, Keagy
 - Bridging Ability Adapted PE, Barker
 - Fast Furious & Formative Assessments, Hudnall
 - Representative Assembly (1pm to 2:30pm)
- 2pm to 2:50pm
 - Tips for Being the G.O.A.T, Splendore
 - Games and Equipment that Win!, Morton
 - Supporting Neurodiversity in Health & Physical Education, Kruk
 - Integrating Literacy in Elementary PE, Bowman
 - Maximizing Movement: Strive for 5, Walker & Gray
 - Creating Connections & School Community, Friedrich
 - Strategies to an Inclusive Environment in PE, Hartl
 - Defeat the Bully, Cielo & Mages
- 3pm to 3:50pm
 - Kingdoms Lawn Game, Runk
 - Exploring Meaningful PE, Reagan & Noel
 - STEAM in Sports, Brandenburger
 - Trust Building for Team Building, Friedrich
 - World's Newest Sports and Leisure Game, Bos
 - Legislative Roundtable, Dunn
 - Collaboration is Key in APE, Williams Roots
 - Implementing Unified PE, Jennings
- 4pm to 5:30pm
 - Awards Ceremony
- 5:30pm to 6:15pm
 - Awards Reception
- 7pm to 10pm
 - Dance w/ DJ

SUNDAY

- 9am to 9:50am
 - Learning to be Lifesavers: AHA Wellness Workshop, Olsen
 - Cleveland Rocks: Top Take-a-ways from Shape Cleveland, Noel

- Parkour: Is a Place for Yes!, Williams Roots
 - Kubb, Baker
 - World's Newest Sports & Leisure Game, Bos
 - ~~Supporting Neurodiversity in Health & Physical Education, Kruk~~
 - Academics on the Move: Movement Strategies for Every subject, Walker & Gray
 - Utilizing AI in Health Class, Bayliss
 - New Board Orientation
- 10am to 10:50am
 - Winning Warmups, Holden
- 11am to 11:50am
 - Closing Session